

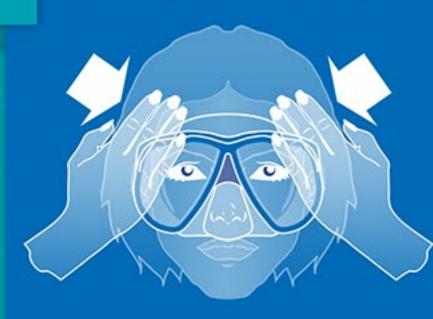
Mask Clearing It's as easy as 123





PRESS IN

at top of mask



Use one or both hands to seal top and sides





BLOW OUT through your nose



Air pushes water out

LOOK UP ottom of skir







PRESSING LOCKUP